**Draft Programme of QLSD Seminars for 2025**

**Non-Violent Communication**

An introduction to ‘A Language of Compassion.’ Discover the power of these life-changing tools for healthier, happier, more authentic relationships and a more compassionate world

**Hybrid at the Settlement**

**Te Tiriti, the Constitution and the Treaty Principles Bill**

n these three sessions our resource panel will share information, respond to your questions and stimulate discussion in order to help us clarify how we can be supportive allies for tangata whenua as they continue to move forward from the Hikoi. **Online Tuesdays, February 11, 18, 25**

**Men’s weekend March 7 – 9**

Welcome men (of all paths) to a Quaker Men’s Weekend. Come to the circle and explore Quaker Masculinities and their intersections in our

lives and communities. **In person at Friends House Waiheke**

**Rainbow Gathering March 21 -23**

Meet up in Wellington for the finale of Pride week, food and fellowship. Sessions to be arranged. Contact: jessie.bukholtpayne@gmail.com

**In person at Wellington Friends complex**

**The Spirituality of Ageing June 7**

Following her Quaker Lecture at Yearly Meeting, Anne Zubrick leads us in an exploration of ageing and the opportunities this offers for deepening our spiritual experience. **In person at Christchurch Meeting House**

**Walking cheerfully over the Earth June 27- 29**

A weekend with Tim Gee, General Secretary of the Friends World Committee for Consultation (FWCC). A follow up on the World Plenary Meeting and its outcomes. Come and reflect on Quaker global priorities and how Aotearoa Friends engage and contribute. A weekend of fun and fellowship, and singing. At the **Settlement**

**For expressions of interest please contact** [**clerk@QLSD.quakers.nz**](mailto:clerk@QLSD.quakers.nz) **some brochures available at Summer Gathering**

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**Discernment Six Thursday evenings July / August**

What is discernment and how do we go about reaching a decision.  The ‘Quaker Handbook’ and ‘On these Islands’ will be used as background material. **Online**

**This I know experimentally July/August**

This is a wonderful opportunity to share our stories, reflect on thepeak experiences of our lives and the events that have changed us into who we are today. **In person at the Settlement**

**Women’s Art and Spirituality August 29 - 31**

Creativity and the experience of Spirit are deeply connected- Each holds the heart and the kernel of the other. This is an invitation to women of all paths to enter into an unrushed supportive space to find and deepen our experience of ‘Spirit’ of and within our lives and together. During this weekend ‘Spirit’ will be considered and explored through the use of an interesting range of ‘creative arts processes.. Contact **In person at the Settlement**

**Worship September 13 at 2pm**

How do we make Meeting for Worship a richer experience? Topics covered will include preparing for Meeting for Worship, settling into the Meeting, and shared ministry.  Contact **Online**

**ANZ Quaker History October 17 – 19**

Come, hear stories and learn about Quaker history here in Aotearoa. Whanganui Heritage festival is at the end of October so if you are staying on for the 50th celebration of the Settlement there is plenty to do in Whanganui. **Settlement**

**Listening November 7 - 9**

A seminar to explore together how we listen to ourselves, others and spirit.

**In person at the Auckland Meeting House**