

# Spiritual Nurture Programme 2018

Join us on a journey to explore and develop our spiritual lives in a Quaker context.

This is an opportunity to nurture, deepen, and renew the connection between our “inward activism and outward contemplation.” (Parker Palmer)

The programme is for 6 months, from March to September 2018 and has four components:

**Gatherings:** There will be 2 four-day gatherings held at the Mt. Eden Meeting House, each beginning Thursday at 6 pm with worship and dinner, and ending Monday at 2 pm.

**22 - 26 March, 2018**  
**13 - 17 September, 2018**

The gatherings are a time for learning, listening, and worshiping together. The full days will begin with worship at 8:30 am and end by 8:30 pm.

## **Study and Integrative Projects**

Each participant will complete two integrative projects during the programme. The first is a written spiritual autobiography, reflecting on how you got to where you are now. The topic and form of the second project is chosen by the participant.

## **Spiritual Practices**

Each participant is expected to set aside a daily time to still the body and mind for prayer and reflection to become more aware of God's presence in their life. A variety of practices will be introduced in the opening Gathering.

## **Support and Fellowship Networks**

Each participant will create a network of support and fellowship that can meet at least monthly. This network will be a place of listening, reflecting, and encouraging the spiritual exploration of the participant. Mutual sharing is intended to strengthen the spiritual life not only of the participant, but of the community of Friends. Before the first gathering, a programme facilitator will help the participant name and establish his or her network.

## **COST**

**\$300 per participant** (including all meals and resources)

The Mt. Eden four-day gatherings are not residential: participants will need to find accommodation. Some free billets may be available with local Friends and at Friends Centre.

If you need financial assistance for programme or travel costs, please ask your Overseers to apply to the Quaker Education Fund on your behalf. Funding is available, so please do not let cost block your way.

## **TO REGISTER**

Option 1 (preferred): online at <http://quaker.org.nz/spiritual-nurture-programme>

Option 2: complete paper form on reverse side and mail to **Spiritual Nurture, 115 Mt. Eden Road, Auckland 1024**

Option 3: call in responses to **09 630 6834**

Option 4: scan form and email to [spiritual.nurture@quaker.org.nz](mailto:spiritual.nurture@quaker.org.nz)

**Registration deadline 5 February, 2018**

### FACILITATION TEAM

- Marsha Green** Friend in Residence at Mt. Eden. Member of Durham Friends Meeting in Durham, North Carolina.  
Email: [marshaquaker@gmail.com](mailto:marshaquaker@gmail.com). Phone: 09 630 6834
- Mike Green** Friend in Residence at Mt. Eden. Member of Durham Friends Meeting in Durham, North Carolina.  
Email: [mikequaker@gmail.com](mailto:mikequaker@gmail.com). Phone: 09 630 6834
- Linley Gregory** Member of Northern Monthly Meeting, worships usually with Mt. Eden worship group.  
Email: [lcg@pl.net](mailto:lcg@pl.net). Phone: 09 638 8662
- Moira McLennan** Member of Northern Monthly Meeting, attends North Shore worship group.  
Email: [moira72mcl@gmail.com](mailto:moira72mcl@gmail.com). Phone: 09 479 8326

### MORE INFORMATION

For further information, please contact any of the facilitators or email [spiritual.nurture@quaker.org.nz](mailto:spiritual.nurture@quaker.org.nz). Additional information will also be posted on the [Yearly Meeting Website](#). To have paper copies of information sent to you, please send an email or phone 09 630 6834.

### REGISTRATION FORM

*Registration deadline 5 February, 2018*

Name: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

Phone(s): \_\_\_\_\_

Email: \_\_\_\_\_

Worship Group/Monthly Meeting: \_\_\_\_\_

How long have you been  
worshipping with Friends? \_\_\_\_\_

Please provide (or attach) a short paragraph describing what draws you to this Spiritual Nurture Programme. What do you hope to gain from participating in this programme?

What special dietary, accessibility, health, or other needs are necessary for you to attend the gatherings? (All food provided will be vegetarian unless otherwise requested.)